

# Forty Plus Cycling Club

*Due to the situation arising from the coronavirus lockdown many sections have decided not to provide ride lists for this quarter so this issue is printed with a very much reduced list*



A list of club officials  
is on the last page



## Ride Lists July to September 2020

Page	Section
2	Essex A
3	Essex B
4	Northeast Essex
5	North Herts
6	Beds and East Northants
7	Surrey, Kent and Sussex borders

**20th August 2020** is the cut-off date for the October to December Ride Lists

## Essex A Section (Thursday)

Chris Mills 01245 442644 40plusessex@gmail.com

**Meet 10:00 for 10:30 start unless otherwise stated**

Date	Meet	Lunch	Leader 1	Leader 2
Jul 2	Ongar, Budworth Hall Cafe	Puckeridge, White Hart	John Hinds	Bob McDowell
9	Ulting, Peartree Pantry	Stoke by Clare, The Lion	Steve Cleaver	Reece Andrew
16	Cressing, Temple Barns	Brent Eleigh, The Cock	Roger Moore	Chris Mills
23	White Roding, Cammas Hall	Horseheath, Old Red Lion	Chris the Baker	Barry Magowan
30	High Easter, Snug	Great Chesterford, Crown & Thistle	Ron Self	Philip Martin
Aug 6	Hatfield Heath, Post Office	Woolmer Green, The Chequers	Richard Bayliss	Tony Cox
13	Felsted, Wood Cottage	Kedington, Barnardiston Arms	Mark Beard	Roger Moore
20	Cooksmill Green, Bakehouse	High Beach, The Owl	Chris the Baker	Brian Taylor
27	Witham, Olivers Nursery	Nayland, The Anchor	Chris Mills	Ed Spurgeon
Sep 3	Great Waltham, Stores	Wendens Ambo, The Bell	Bob McDowell	Mark Beard
10	Butts Green, Garden Centre	Lay de la Haye, Donkey & Buskins	Philip Martin	Tony Cox
17	Stock, Dandelion Coffee Shop	Gilston, Plume of Feathers	Brian Taylor	Sharon Scott
24	Blackmore, Cafe	Purleigh, The Bell	Roger Hunt	Richard Bayliss

A tea stop is decided on the day by the principal leader

## Essex B Section (Thursday)

John Houghton 02035836024 40plusessexb@gmail.com

**Meet 10:30** at **H** - Harlow Garden Centre, A414 near Hastingwood  
or **S** - Stapleford Aerodrome Café, A113 near Abridge

<b>Date</b>	<b>Meet</b>	<b>Lunch</b>	<b>Leader</b>
Jul 2	S	Matching Tye, The Fox	John
9	H	Writtle, The Crown.	Tony
16	S	Sheering, The Cock	John
23	H	Gilston, Plume of Feathers	Martin
30	S	Churchgate, Queen's Head	John
Aug 6	H	Standon, The Star	Lix
13	S	Thresher's Bush, John Barleycorn	Mick
20	H	Brickend, Prince of Wales	John
27	S	Stock, Baker's Arms	Gill
Sep 3	H	Littley Green, The Compass	Tony
10	S	Ingatstone, The Bell	Brian
17	H	Pleashey, Leather Bottle	John
24	S	Hatfield Heath, White Horse.	John

## Northeast Essex Section (Tuesday)

John Pritchard 01621853069 40plusnessex@gmail.com

**Meet 10:00 for a prompt 10:30 start**

Date	Meet	Lunch	Tea	Leaders
Jul 6	Earls Colne, Blackhorse Café	Belchamp St, Paul, Half Moon	Greenstead Green, Post Office	C Mills
13	Tiptree, Perrywoods	East Mersea, Dog & Pheasant	Abberton Reservoir, Visitor Centre	I Whiteside/J Pritchard
20	Cressing, Temple Barns	Stow Maries	Maldon, Barge Café	P Avison/D Russell
27	Greenstead Green, PO	Brockley Green, Hundon Plough	Finchingfield, Winners Tearoom	I Whiteside/
Aug 4	Kelvedon, Sandwich Bar	Rowhedge, The Anchor	Tiptree, Perrywoods	A&W Baird/LKing, GAdams
11	Aldham, Millrace Nursery	Tattingstone, White Horse	Boxted, Fillpots Nursery	P Martin/M Swainsbury
18	Witham, Olivers Nursery	High Roding, Black Lion	Rayne, Station Café	R Hunt/E Wainwright
25	Copford, Barn Plants	Tolleshunt D'Arcy, Queens Head	Little Braxted, The Bakery	D McCaron/I Whiteside
Sep 1	Marks Tey, Bungalow Diner	Long Melford, The Hare	Kelvedon, Railway Tavern *	J Fryer/P Martin
8	Ulting, Peartree Pantry	Fordham Heath, Cricketers	Coggeshall, Clockhouse Café	M Swainsbury/I Whiteside
15	Tiptree Heath, Woodlands Tearoom	North Fambridge, Ferryboat Inn	Woodham Walter, Bunsay Down Golf Club	J Pritchard/
22	Bocking, Roundwood GC	Molehill Green, Three Horseshoes	Felsted, Wood Cottage Tea Rooms	M Beard/
29	Tiptree Heath, Jam Factory	Pebmarsh, Kings Head	Earls Colne, Blackhorse Cafe	M Hutley/

\* Stay for an early dinner

<b>North Herts Section (Thursday)</b>	
Stuart Collins 07710507069 40plusnherts@gmail.com	
Meet at Wetherspoon's, Leys Avenue, Letchworth for a 10:30 start ride to lunch	
<b>Date</b>	<b>Lunch from midday</b>
Jul 2	Wimpole Hall
9	Reed, Silver Ball
16	Shuttleworth, Aerodrome *
23	Roxton, Garden Centre
30	Gustard Wood, Cross Keys
Aug 6	Marston Moretaine, Forest Centre
13	Gamlingay, Woodview Farmshop
20	Strathmore Arms *
27	The Lilley Arms
Sep 3	Willington, Blossom Cafe
10	Breachwood Green, Red Lion
17	Jordan's Mill *
24	Peters Green, Bright Star

\* with Garden City Wheelers

<b>Bedfordshire Section (Tuesday)</b>	
Paul Wareham 01582753587 40plusbeds@gmail.com	
<b>Meet for lunch</b>	
Date	Lunch
Jul 6	Biggleswade, Jordan's Mill
13	Flitwick, The Crown
20	Henlow, Five Bells
27	Pulloxhill, Cross Keys
Aug 4	Old Warden, Shuttleworth Air Museum
11	Clophill, Stone Jug
18	Lower Stondon, Golf Centre
25	Bletchley Dobbies, Garden Centre
Sep 1	Maulden, Dog and Badger
8	Marston Moretaine, Forest Centre
15	Flitwick, The Crown
22	Clophill, Stone Jug
29	Henlow, Five Bells

<b>East Northants Section (Wednesday)</b>	
Roy Presland 01933 314831	
<b>Meet for lunch at 12 noon</b>	
Date	Lunch
Jul 1	Carlton, Emmaus
8	Wollaston, Courtyard Tea Rooms
15	Harrold Country Park, Visitor Centre
22	Earls Barton, Boathouse Café (Marina)
29	Sywell, Overstone Manor
Aug 5	Podington, Garden Centre
12	Rushden, Nelly's Kitchen (Bedford Road)
19	Carlton, Emmaus
26	Wollaston, Courtyard Tea Rooms
Sep 2	Harrold Country Park, Visitor Centre
9	Earls Barton, Boathouse Café (Marina)
16	Sywell, Overstone Manor
23	Podington, Garden Centre
30	Rushden, Nelly's Kitchen (Bedford Road)

<b>Surrey and Sussex Section - Surrey, Kent, Sussex Borders (Wednesday)</b>		
Richard Nainggolan 07761107905 01293786126 40plusksb@gmail.com		
<b>Date</b>	<b>Meet 10:45 to 11:15</b>	<b>Lunch</b>
Jul 1	Four Elms, Tea Room	Four Elms, Four Elms Inn
Jul 15	Horne, Horne Golf Club	Nutfield, Inn On The Pond
Aug 5	Wych Cross, Llama Park	Blackboys, Blackboys Inn
Aug 19	Lingfield, Red Rum Cafe *	Hartfield, Gallipot Inn or Anchor Inn
Sep 2	Whitemans Green, Cuckfield Golf Club	Danehill, Coach & Horses E Sussex
Sep 16	Edenbridge, The Minstrel	Tandridge, Barley Mow

**\* Four Counties Borders Ride**

About 45 miles through Surrey, West Sussex, East Sussex and Kent

Meet early at 09:15 for a 10:45 start

Afternoon tea at Chiddingstone

# Forty Plus CC

## Club Officials

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